



# AUGUST | 2017

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9 Breakfast Pizza Fruit Juice Milk	10 Cereal Blueberry Muffin Fruit Juice Milk	11 Mini Cinnis Fruit Juice Milk
14 Chocolate Fudge Pop Tart Granola Bar Fruit Juice Milk	15 Powdered Mini Donuts Fruit Juice Milk	16 Breakfast Pizza Fruit Juice Milk	17 Cereal Chocolate Chip Muffin Fruit Juice Milk	18 Mini Cinnis Fruit Juice Milk
21 Strawberry Pop Tart Granola Bar Fruit Juice Milk	22 Chocolate Mini Donuts Fruit Juice Milk	23 Breakfast Pizza Fruit Juice Milk	24 Cereal Banana Muffin Fruit Juice Milk	25 Mini Cinnis Fruit Juice Milk
28 Chocolate Fudge Pop Tart Granola Bar Fruit Juice Milk	29 Powdered Mini Donuts Fruit Juice Milk	30 Breakfast Pizza Fruit Juice Milk	31 Cereal Chocolate Chip Muffin Fruit Juice Milk	

### News

**This institution is an equal opportunity provider.**

**Menu subject to change without notice.**

***Breakfast Served*  
7:50 am – 8:10 am**

**If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or cafeteria manager if you have any questions.**



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## Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9 Cheese Pizza Baby Carrots Tossed Salad w/ Dressing Fruit (2) Cookie Milk	10 Norse Burger Sandwich Baked Chips Veggie Cup w/ Dip Fruit (2) Milk	11 Corn Dog Potato Wedges Peas Fruit (2) Jello w/ Whip Topping Milk
14 Chicken Patty Sandwich w/ Lettuce, Tomato, Onion Au Gratin Potatoes Green Beans Fruit (2) Milk	15 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	16 Philly Beef & Cheese Sub w/ Onions & Green Peppers Onion Rings Italian Vegetables Fruit (2) Milk	17 Chicken Quesadilla Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) Pudding Cup Milk	18 Sausage Pizza California Blend Vegetables Side Salad w/ Dressing Fruit (2) Cookie Milk
21 Cheeseburger Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk	22 Pepperoni Pizza Baby Carrots Tossed Salad w/ Dressing Fruit (2) Cookie Milk	23 Grilled Chicken Sandwich Cheese, Lettuce, Tomato, Onion Baked Chips Veggie Cup w/ Dip Fruit (2) Milk	24 Rotini w/ Meat Sauce Green Beans Steamed Cauliflower Garlic Toast (2) Fruit (2) Milk	25 Popcorn Chicken Mashed Potatoes & Gravy Corn Dinner Roll w/ Marg Fruit (2) Milk
28 Bosco Sticks w/ Marinara Sauce Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk	29 Tenderloin Sandwich Lettuce, Tomato, Onion, Pickels Steamed Broccoli Corn Fruit (2) Milk	30 Chicken & Noodles Mashed Potatoes Peas Cinnamon Bread (2) Fruit (2) Milk	31 Taco Salad w/ RF Doritos w/ Lettuce, Cheese, Salsa Fiesta Black Beans Fruit (2) Muffin Milk	

### News

**There are 3 ways to make a complete reimbursable meal for all students.**

- Main Tray Line
- Salad Bar
- Ala Carte

**Students may substitute the main entrée for a PB & Jelly Sandwich Kit**

**Just ask cashier if you have any questions.**

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**Menu subject to change without notice.**

**Lunch Served  
11:15 am – 12:35**

**Grades 9-12 Only  
Due to Calories or Sodium Levels**